

HOW THE COMFORT H/S™ BITE SPLINT WORKS

Severe tooth, jaw or facial muscle pain are common symptoms of clenching and grinding of the teeth. The Comfort H/S™ Bite Splint is a thin, customized device that fits over your upper or lower teeth during sleep. It is designed to alleviate the pain and damage caused by grinding and clenching while protecting your teeth from daily wear and tear.

3 Color Options:



ASK YOUR DOCTOR ABOUT THE MOST WIDELY PRESCRIBED BITE SPLINT



Dr. Nadia Rodriguez

Comfort H/S™ HARD/SOFT SPLINT



Get relief from clenching and grinding



Facial and
tooth pain



Headaches



Tooth cracking
and chipping



Stiff jaw

COMFORT H/S™ BITE SPLINTS

Wake Up Without Jaw or Facial Pain

What Is Bruxism?

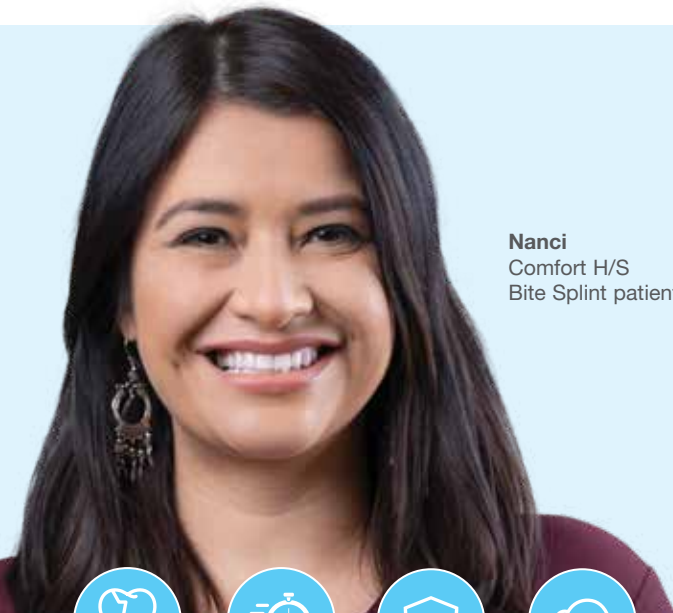
Do you wake up with a stiff jaw? Are your teeth sensitive to cold drinks? If so, you may suffer from bruxism, which is grinding or clenching your teeth during sleep. Bruxism damages healthy teeth and causes tremendous jaw, tooth and facial pain, which can result in costly dental treatment.

- 10% of adults and 15% of children suffer from bruxism,¹ which we now know is hereditary.
- Bruxism damages healthy dentition and causes tremendous jaw, tooth and facial pain.

Why Use a Comfort H/S™ Bite Splint

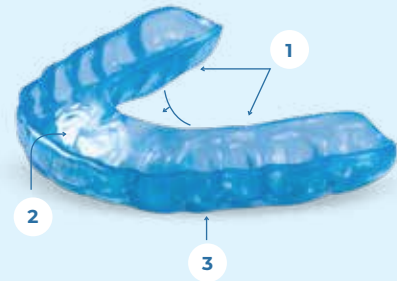
- The first step in treating bruxism
- Relieve your jaw, tooth and facial pain
- Protect your healthy teeth from damage
- Soft, comfortable inner layer
- BPA-free
- Metal- and acrylic-free

Each Comfort H/S™ Bite Splint comes with a storage case to help maintain original shape for superior fit.



Nanci
Comfort H/S
Bite Splint patient

95%
of cracked
tooth symptoms
are associated
with clenching or
grinding²



- 1 1 mm soft polyurethane ensures comfort against teeth and gums
- 2 3 mm hard copolyester provides durability against bruxing all night
- 3 Hands-on quality control delivers a comfortable fit, every time



**Treat
bruxism early**



**Fast turn-
around time**



**Metal- and
acrylic-free**



**Digital file
storage**

1. American Sleep Association [internet]. Lititz (PA): American Sleep Association; c2019. Bruxism - Teeth Grinding Symptoms, Treatment & Causes [cited 2019 Jul 1]. Available from https://www.sleepassociation.org/sleep-disorders/more-sleep-disorders/bruxism/#Bruxism_Teeth_Grinding_Who_gets_it.

2. Hilton TJ, Funkhouser E, Ferracane JL, et al. Correlation between symptoms and external characteristics of cracked teeth. J Am Dent Assoc. 2017 Apr;148(4):246-56.e1.